

# Beat of Your Heart



**Count:** 64      **Wall:** 2      **Level:** Intermediate  
**Choreographer:** Sam Arvidson, Toshiko Kawamoto, Yu Sugawara  
**Music:** "Beat Of Your Heart" by Hayley Westenra

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## [1-16] HALF RUMBA BOX, 1/4 TURN R, 1/4 TURN R, SIDE-CLOSE-SWAY

1-4      Step L side left, Close R next to L, Step L forward, Hold  
5-8      Step R side right, Close L next to R, 1/4 Turn right and Step R forward, Hold

1-4      Step L forward, 1/4 Turn right (weight on R), Cross step L over R, Hold  
5-8      Step R side right, Close L next to R, Step R side right and sway, Hold

## [17-32] HALF RUMBA BOX, 1/4 TURN R, 1/4 TURN R, WEAVE

1-4      Step L side left, Close R next to L, Step L forward, Hold  
5-8      Step R side right, Close L next to R, 1/4 Turn right and Step R forward, Hold

1-4      Step L forward, 1/4 Turn right (weight on R), Cross step L over R, Hold  
5-8      Step R side right, Step L behind R, Step R side right, Hold

## [33-48] CHECK x2, SPIRAL, RUN x2, SWEEP, CROSS, BACK

1-4      Cross rock L over R, Recover on R, Step L side left, Hold  
5-8      Cross rock R over L, Recover on L, Step R side right and 1/8 turn right (face 1:30), Hold

1-4      Step L forward (toward 1:30), Spiral full turn right on L, Step R forward, Step L forward  
5-8      Step R forward, Sweep L from back to front, Cross step L over R, Step R back

## [49-64] SIDE-CLOSE-SIDE, WALK, ROCK-RECOVER, SWEEP x2, 1/2 TURN L

1-4      1/8 turn left (face 12:00) and Step L side left, Close R next to L, Step L side left, Hold  
5-8      1/8 turn left (face 10:30) and Step R forward, Hold, Rock L forward, Recover on R

1, 2      Step L back and 1/8 turn right (face 12:00) as Sweeping R from front to back  
3, 4      Step R back and Sweep L from front to back, Touch L back  
5, 6, 7      1/2 Turn left and put weight on L, Hold, Hold  
8      Close R next to L

**TAG: After 1st wall (facing 6:00), add 8 count tag as follows:**

## [1-8] SWIVEL x2

1-4      Swivel slowly to left on ball of R and Step L diagonally forward left  
5-8      Swivel slowly to right on ball of L and Step R forward